

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30-Nov	1-Dec	2-Dec	3-Dec	4-Dec
Cheese Omelet	Pork Chop w/Mushroom Gravy	Reuben Casserole	Baked Chicken	Beef Stew
Turkey Sausage	Mashed Potatoes w/Gravy	Sweet Potato Fries	Mashed Potatoes w/Gravy	Asparagus
Hashbrowns	Winter Blend Vegetable	5-Way Mixed Vegetable	Sunshine Carrots	Cottage Cheese w/Peaches
Grapefruit	Mediterranean Marinated	Zucchini & Tomato Salad	Tossed Green Salad	Raspberry Bar
Yogurt	Vegetable Salad	Plums	Fresh Fruit	Wheat Rolls
Muffins	Pears	Milk	Wheat Bread	Grape Juice
V-8 Juice	Wheat Bread		Milk	Milk
Milk	Milk			
7-Dec	8-Dec	9-Dec	10-Dec	11-Dec
Sloppy Joe	Honey Herb Chicken Casserole	Pasta Primavera w/Italian	Pork Roast	Taco Casserole
Sweet Potato Puffs	Green Beans	Sausage	Mashed Potatoes w/Gravy	Southwest Blend Vegetable
Beets	Watergate Salad	Brussels Sprouts	Broccoli	Lettuce & Tomato Salad
Coleslaw	Granola Bar	Baby Cobb Salad	Tossed Spinach Salad	Prunes
Pinapple	Wheat Bread	Fruit Cocktail	Grapes	Tortilla
Wheat Buns	Apple Juice	Wheat Roll	Wheat Bread	Milk
Milk	Milk	Milk	Milk	
14-Dec	15-Dec	16-Dec	17-Dec	18-Dec
Spaghetti Pepperoni Pie	BBQ Country Style Ribs	Italian Chicken Bake	French Dip w/Au Jus	Macaroni & Cheese
Yellow Squash	Scalloped Potato	Medley Potatoes	Mashed Potato w/Gravy	Stewed Tomatoes & Corn
Cucumber & Onion Salad	Cascade Blend Vegetable	Sugar Snap Peas	Carrots	Garden Vegetable Salad

Sliced Apples	Jello	Zucchini Tomato Salad	Broccoli Craisin Salad	Fresh Fruit
Garlic Bread	Mandarin Oranges	Tropical Fruit	Peaches	Wheat Bread
Milk	Wheat Roll	Wheat Bread	Hoagie Roll	Milk
	Milk	Milk	Milk	
21-Dec	22-Dec	23-Dec	24-Dec	25-Dec
Pork, Egg & Hashbrown	Chicken Marsala	BBQ Pork On A Bun	Lamb Roast	***MERRY CHRISTMAS***
Casserole	Edamame Blend Vegetable	Rosemary Potatoes	Mashed Potatoes w/Gravy	Prime Rib
Grapefruit	Broccoli & Almond Salad	Broccoli	Asparagus	Mashed Potatoes w/Gravy
Yogurt	Mixed Berries	Tossed Vegetable Salad	California Fruit Salad	Sicilian Blend Vegetable
Muffins	Wheat Bread	Banana	Pudding	Holiday Salad
V-8 Juice	Milk	Milk	Wheat Bread	Apple Pie w/Cool Whip
Milk			Milk	Wheat Roll
				Milk
28-Dec	29-Dec	30-Dec	31-Dec	1-Jan
Beef Patties w/Gravy	Polish Sausage Casserole	Corned Beef	Chicken Breast	**Happy New Year**Closed
Mashed Potatoes w/Gravy	Brussels Sprouts	Baked Potato	Mashed Potato w/Gravy	Meal Will Be Delivered On
Asparagus	Chickpea Salad	Peas & Carrots	Zucchini	Wednesday 30Th
Three Bean Salad	Apricots	Mediterranean Salad	Beet Salad	Tomato Soup/Crackers
Prunes	Wheat Bread	Fresh Fruit	Pineapple	Applesauce
Wheat Bread	Milk	Wheat Bread	Wheat Rolls	Nutrigrain Bar/Orange Juice
Milk		Milk	Milk	Milk