

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1-Nov	2-Nov	3-Nov	4-Nov	5-Nov
BBQ Country Style Ribs	Baked Steak Teriyaki w/Noodles	Tater Tot Casserole	Meatloaf	Chicken Enchilada
Scalloped Potatoes		Zucchini	Ranch Potatoes	Spanish Rice
Sicilian Blend Vegetable	Stir Fry Vegetables	Orange Tapioca Salad	Broccoli	Refried Beans
Coleslaw	Asian Salad	Granola Bars	Garden Vegetable Salad	Lettuce & Tomato Salad
Prunes	Pineapple Chunks	Wheat Bread	Fresh Fruit	Raisins
Wheat Bread	Wheat Bread	Apple Juice	Wheat Roll	Brownies
Milk	Milk	Milk	Milk	Milk
8-Nov	9-Nov	10-Nov	11-Nov	12-Nov
Scrambled Eggs	Chicken Breast	Baked Salmon	Roast Beef	Spinach Lasagna w/Italian Sausage
Turkey Sausage	Mashed Potatoes w/Gravy	Oven Roasted Redskin Wedge	Cheesy Potatoes	
Hash browns	Succotash Blend Vegetables	Beets	Venetian Vegetable Blend	Cascade Vegetable Blend
Banana	Broccoli 49er Salad	Carrot Raisin Salad	Grapes	The Everything Salad
Yogurt	Plums	Pears	Cake	Prunes
Biscuit	Wheat Roll	Wheat Bread	Milk	Garlic Bread
V-8 Juice	Milk	Milk		Milk
Milk				
15-Nov	16-Nov	17-Nov	18-Nov	19-Nov
Salisbury Steak	Parmesan Breaded Pork Chop	Chicken Alfredo	Creamy Potato Lasagna	Baked Breaded Fish
Mashed Potatoes w/Gravy	Mashed Potatoes w/Gravy	Green Beans	Capri Vegetable Blend	Potato Wedge
5-Way Vegetable Mix	Spinach	Green Pepper Slaw	Salad w/Cucumber & Tomato	Broccoli
Three Bean Salad	Italian Vegetable Salad	Apricots	Prunes	Tossed Green Salad
Mandarin Oranges	Fresh Fruit	Muffins	Wheat Roll	Mixed Berries
Wheat Bread	Wheat Bread	Milk	Milk	Wheat Bread
Milk	Milk			Milk
22-Nov	23-Nov	24-Nov	25-Nov	26-Nov
Crunchy Garlic Chicken	Cheese Manicotti	Ham	HAPPY THANKSGIVING	Sweet & Sour Meatballs Over Rice
Buttered Red Potato	Asparagus	Baked Sweet Potato	Turkey	
Capri Blend Vegetable	Spinach Egg Salad	Scandinavian Blend Vegetable	Dressing	Sugar Snap Peas
Fruit Salad Supreme	Apricots	Vegetable Salad w/Blue Cheese	Sunshine Carrots	Oriental Cabbage Salad
Pudding	Wheat Bread	Fresh Fruit	Cranberry Salad	Peaches
Wheat Bread	Milk	Wheat Bread	Pumpkin Pie w/Cool Whip	Wheat Bread
Cranberry Juice		Milk	Wheat Roll	Milk
Milk			Milk	
Mediterranean Blend Vegetable	Spinach Egg Salad	Scandinavian Blend Vegetable	Lettuce Salad w/Cheese & Olives	Maui Blend Vegetable
Fruit Salad Supreme	Apricots	Garbanzo & Zucchini Salad	Prunes	Oriental Cabbage Salad
Pudding	Wheat Bread	Fresh Fruit	Wheat Bun	Peaches
Wheat Bread	Milk	Wheat Roll	Milk	Wheat Bread
Cranberry Juice		Milk		Milk