

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4-Oct	5-Oct	6-Oct	7-Oct	8-Oct
Honey Bbq Chicken	Breaded Pork Chops	Spaghetti w/Meat Sauce	Roast Beef	Lamb Chops
Rosemary Roasted Potatoes	Mashed Potatoes w/Gravy	Sugar Snap Peas	Baked Potato	Mashed Potato w/Gravy
Green Beans	Peas & Carrots	Broccoli & Cauliflower Salad	Key West Blend Vegetable	Scandinavian Blend Vegetable
Carrot & Celery Sticks	Tossed Salad w/Cheese & Olives	Prunes	Crunchy Calico Salad	Pears
Grapes	Tropical Fruit	Garlic Bread	Fruit Cocktail	Yogurt
Wheat Bread	Wheat Bread	Milk	Wheat Rolls	Wheat Bread
Milk	Milk		Milk	Milk
11-Oct	12-Oct	13-Oct	14-Oct	15-Oct
Beef Patty w/Gravy	Manicotti Italian Casserole	Beef Brisket	Turkey Meatloaf	French Country Chicken
Mashed Potato w/Gravy	Chuckwagon Blend Vegetable	Red Buttered Potatoes	Mashed Potatoes w/Gravy	Over Pasta
Island Blend Vegetable	Fresh Fruit	Cascade Blend Vegetable	Sugar Snap Peas	Broccoli & Carrot Blend Vegetable
Tossed Spinach Salad	Jello	Lettuce, Tomato, & Cucumber	Rainbow Chopped Salad	Garbanzo Bean & Mixed Vegetable
Apricots	Wheat Roll	Salad	Prunes	Peaches
Wheat Bread	Milk	Pears	Wheat Bread	Wheat Bread
Milk		Wheat Bread	Milk	Milk
		Milk		
18-Oct	19-Oct	20-Oct	21-Oct	22-Oct
Coconut Breaded Fish	Chili	Ham	Oven Baked Chicken	Russian Stroganoff
Medley Potatoes	Mozzarella Sticks	Sweet Potato	Mashed Potato w/Gravy	Succotash Blend Vegetable
Sicilian Blend Vegetable	Cobb Salad	Brussels Sprouts	Broccoli	Prunes
Carrot Raisin Salad	Sliced Apples	Zucchini, Mushroom Salad	Garden Vegetable Salad	Pudding
Mandarin Oranges	Cornbread Muffin	Pineapple	Plums	Wheat Bread
Wheat Bread	Milk	Wheat Bread	Wheat Rolls	Milk
Milk		Milk	Milk	
25-Oct	26-Oct	27-Oct	28-Oct	29-Oct
Beef Stew	Baked Fish Au Gratin	Chicken Cacciatore	Pork Roast	Green Pepper Casserole
Zucchini	Scalloped Potato	Over Egg Noodles	Garlic Roasted Potatoes	California Normandy
Mediterranean Salad	Asparagus	Sunshine Carrots	Spinach	Green Bean Salad
Applesauce	Cucumber & Onion Salad	Russian Garden Salad	Vegetable Salad	Peaches
Wheat Bread	Prunes	Apricots	Bananas	Wheat Bread
Milk	Wheat Bread	Wheat Rolls	Wheat Bread	Milk
	Milk	Milk	Milk	