The Meals on Wheels America Member Badge allows you to display your affiliation with one of the most powerful social movements in America. All dues-paying Members are strongly encouraged to add it to their website, appropriate collateral material, letterhead and every other place you connect with supporters and members of your community.

It is to remain stationary. On digital platforms, clicking on the image should take you to www.mealsonwheelsamerica.org.

It's also important to note that displaying the current Member Badge is a requirement for receiving any grants or funding from Meals on Wheels America.

IMPORTANT NOTES ABOUT USAGE: The Member Badge cannot be edited revised, altered, extended or changed in any way. It must be used as it is provided to you. The Member Badge always needs to appear with a ® to provide notice and to protect Meals on Wheels America's ownership of it.
EXAMPLES

MEMBER BADGE IN WEBSITE FOOTER

MEMBER BADGE IN WEBSITE HEADER

MEMBER BADGE IN BODY OF WEBSITE

MEMBER BADGE IN SIDEBAR

Liberty Meals on Wheels delivers much more than just a meal to its recipients. At the core of our service is a nutritious meal, friendly visit and safety check for seniors living within the city limits of Liberty. Meals are delivered by our amazing group of permanent and substitute volunteer drivers who donate their lunch break to help recipients in need.

Liberty Meals on Wheels focuses on caring for individuals whose diminished mobility makes it hard to shop for food, prepare meals or socialize with others. People who are mobile enough to join others for meals in a group setting are encouraged to do so. Liberty Silver Center serves a daily lunch and has many activities to keep seniors moving and socially involved. Seniors or disabled persons who are less mobile may qualify for Meals on Wheels home delivery.

**New Recipient Information**

Meals will be delivered by our volunteer drivers Monday – Friday between approximately 11:15 a.m. and 12 p.m.

- Meals are prepared by Liberty Hospital and consist of a hot portion, cold portion and a drink.
- The menus meet MidAmerica Regional Council (MARCC) nutritional requirements for calories, protein, fat, sodium, iron, calcium, fiber and Vitamins A & C.
- Recipients are billed at the end of each month at a cost of $4.00 per meal.
- If recipients wish to cancel a meal they must do so by Thursday of the week prior.

**Quick Links**

- Recipient Application
- Volunteer Application
- Holiday Closings

**Meals On Wheels**

Email: 816-433-4398

**Meals on Wheels America**

Meals on Wheels America (MOWA) is a proud member of Meals on Wheels America.

**I especially like the Meals on Wheels delivery personnel. Without them, I may not talk to another person that day.**

The Meals on Wheels America logo and the tagline “Together, We Can Deliver™” are trademarks of Meals on Wheels America and are used under license.

**ABOUT US**

Meals on Wheels Central Texas seeks to nourish and enrich the lives of the homeless and other people in need through programs that promote dignity and independent living. Meals on Wheels Central Texas is one of the largest meal delivery organizations in the state, serving over 2,000 meals each business day to thousands of older adults and people with disabilities. Part of the Austin area since 1972, MOWCAT strives to provide case management and also offers the following services to our clients: through our meals program, in-home care; minor and major home repairs, grocery shopping assistance; a monthly supply of shelf-stable groceries; cake, bread, chili, hot meals, for the nutritionally risk; veteran services; problem solving therapies; rural meal delivery. Alzheimer’s, pets, and pets’ health care for our clients; dogs and cats.

Our programs are provided free of charge and designed to nourish and enrich the lives of the people we serve, allowing them to live at home with dignity and independence.

**HISTORY**

Meals on Wheels Central Texas began in 1972 as an East Austin-based, grassroots organization staffed by only eight volunteers.

Together, they cooked and delivered meals to 20 homeless seniors three times a week.

Within five years, the organization, then called United Action for the Elderly, Inc., began receiving grants and expanded to serve an average of 200 people six times a week. Ten years after that, 14 cooking sites had been established, and an average of 1,700 meals were being prepared each week.

In 1984, the organization changed its name to Meals on Wheels and More. By this time, additional programs such as Handy Wheels and Groceries to Go – had been incorporated, and the meal delivery program was serving over 1,000 meals daily.

Today, Meals on Wheels Central Texas provides service to nearly 5,000 persons in need with the help of more than 7,000 volunteers.