

Natrona County Meals On Wheels Menu April 2024

Questions? Call us, **265-8659**
(All meals served with 8oz milk)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1-Apr Beef Goulash Zucchini Carrot Pineapple Salad Applesauce Wheat Bread Milk	2-Apr Honey Mustard Chicken Rice Peas & Carrots Summer Pepper Salad Peaches Wheat Bread Milk	3-Apr Bbq Beef On A Wheat Bun Scalloped Potatoes Succotash Blend Vegetable Italian Vegetable Salad Apricot Milk	4-Apr Lemon Pepper Pork Mashed Potatoes w/Gravy Broccoli Garden Salad Fresh Fruit Wheat Rolls Milk	5-Apr Baked Breaded Fish Parmesan Potatoes Green Beans w/Almonds Pea Salad Mandarin Oranges Wheat Bread Milk
8-Apr Pork Chop In Orange Sauce Southern Sweet Potatoes Edamame & Corn Yogurt Peaches Wheat Bread Milk	9-Apr Chicken Fried Steak Mashed Potatoes w/Gravy California Normandy Tossed Spinach Salad Fruit Cocktail Wheat Bread Milk	10-Apr Crunchy Garlic Chicken Red Buttered Potatoes Baby Carrots BLT Salad Mandarin Oranges Wheat Bread Milk	11-Apr Beef Brisket Mashed Potatoes w/Gravy Medley Brussels Sprouts Summer Squash Salad Fresh Fruit Wheat Rolls Milk	12-Apr Tuna Noodle Casserole Key Biscayne Vegetable Blend Crunchy Calico Salad Pears Wheat Bread Milk
15-Apr Broccoli Chicken Mac & Cheese Asparagus Lettuce & Tomato Salad Tropical Fruit Wheat Bread Milk	16-Apr Beef Stew Malibu Blend Vegetable Sliced Apples Jell-O Wheat Bread Milk	17-Apr Pork Tips w/Vegetables Roasted Yukon Potatoes Sugar Snap Peas Caesars Salad Pears Wheat Bread Milk	18-Apr Italian Meatloaf Baked Potato Lima Beans Mediterranean Marinated Vegetable Salad Fresh Fruit Wheat Roll Milk	19-Apr Coconut Breaded Fish Cubed Potatoes Carrots Dixie Coleslaw Apricot Wheat Bread Milk
22-Apr Beef & Italian Rice Capri Blend Vegetable Garbanzo Bean & Mixed Vegetable Salad Banana Wheat Bread Milk	23-Apr Egg & Ham Bake Apricot Pudding V-8 Juice Biscuit Milk	24-Apr Roast Beef Mashed Potatoes w/Gravy Garden Vegetable Blend Shepherd's Salad Pineapple Wheat Bread Milk	25-Apr Turkey Pasta Primavera Chuckwagon Blend Vegetable Greek Salad Fresh Fruit Wheat Roll Milk	26-Apr Chicken Supreme Mashed Potato w/Gravy Broccoli Carrot Raisin Salad Peaches Wheat Bread Milk

This menu may be changed at any time. Substitutions are made based on product availability or to satisfy the requirements of therapeutic diets.