

# NATRONA COUNTY MEALS ON WHEELS MENU

## May 2024

Questions? Call us at **265-8659**  
(All meals are served with 8 oz. milk)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>29-Apr</b> Beef Fajitas Ranch Style Beans Lettuce & Tomato Salad Mandarin Oranges Tortilla Milk	<b>30-Apr</b> Ham & Sweet Potato Casserole Brussels Sprouts Summer Pepper Salad Fresh Fruit Wheat Bread Milk	<b>1-May</b> Chicken & Noodles Carrots Spinach Salad Prunes Wheat Bread Milk	<b>2-May</b> Beef Patty w/Gravy Mashed Potatoes w/Gravy Asparagus Homestyle Vegetable Salad Apricots Wheat Roll Milk	<b>3-May</b> Roasted Salmon Garlic Roasted Parmesan Baby Potatoes Broccoli German Coleslaw Peaches Wheat Bread Milk
<b>6-May</b> Chicken Gumbo Over Rice Sugar Snap Peas Kidney Bean Salad Plums Wheat Bread Milk	<b>7-May</b> Beef Brisket Scalloped Potatoes Succotash Blend Vegetable Apple Almond Crunch Yogurt Wheat Bread Grape Juice Milk	<b>8-May</b> Bbq Pork Wings Baked Beans Capri Blend Vegetable Orange Carrot Salad Tropical Fruit Wheat Bread Milk	<b>9-May</b> Turkey Breast Mashed Potatoes w/Gravy Peas & Carrots Bacon, Broccoli & Raisin Salad Fresh Fruit Wheat Roll Milk	<b>10-May</b> Chuckwagon Steak Mashed Potatoes w/Gravy Italian Blend Vegetable Spring Salad Mix Prunes Wheat Bread Milk
<b>13-May</b> Italian Pork Chop Mashed Potato w/Gravy Prince Edward Vegetable Tossed Green Salad Pineapple Wheat Bread Milk	<b>14-May</b> Beef Spaghetti Pie Carrots Rainbow Chopped Salad Applesauce Wheat Bread Milk	<b>15-May</b> Lemon Pepper Chicken Mashed Potatoes w/Gravy Spinach Marinated Vegetable Salad Fresh Fruit Wheat Bread Milk	<b>16-May</b> Roast Beef Baked Potato Trio Blend Vegetable Cucumber, Tomato & Zucchini Salad Prunes Wheat Roll Milk	<b>17-May</b> Macaroni & Cheese w/Bacon Malibu Blend Vegetable Fruit Salad Pudding Wheat Bread Milk
<b>20-May</b> Breaded Tilapia Diced Potatoes Green Beans Mediterranean Salad Apricots Wheat Bread Milk	<b>21-May</b> Crispy Baked Chicken Mashed Potatoes w/Gravy Four Way Blend Vegetable Tossed Vegetable Salad Tropical Fruit Wheat Bread Milk	<b>22-May</b> Beef Stroganoff Zucchini Creamy Broccoli Cauliflower Salad Peaches Wheat Bread Milk	<b>23-May</b> Garlic Herb Pork Loin Rosemary Potato Wedge Pacific Blend Vegetable Chickpea Salad Fresh Fruit Wheat Roll Milk	<b>24-May</b> Stir Fry Beef & Peppers Over Rice Peas & Onions Asian Salad Ginger Pears Wheat Bread Milk
<b>**CLOSED**MEMEORIAL DAY</b> Meal will be Delivered on Thursday May 23rd	Sloppy Joes on A Wheat Bun Sweet Potato Puffs Marinated Vegetable Salad Prunes Milk	Country Scalloped Potatoes w/Ham Zucchini Carrifruit Salad Jello Wheat Bread Milk	Turkey Breast Mashed Potatoes w/Gravy Carrots Caesars Salad Fresh Fruit Wheat Roll Milk	Pasta Primavera w/ Italian Sausage Lima Beans Apricot Graham Crackers Wheat Bread Milk

This Menu may be changed at any time. Substitutions are made based on product availability or to satisfy the requirements of therapeutic diets.