

# Natrona County Meals On Wheels Menu April 2025

Questions? Call us, **265-8659**  
(All meals served with 8oz milk)

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>31-Mar</b> Beef Goulash Zucchini Carrot Pineapple Salad Applesauce Wheat Bread Milk	<b>1-Apr</b> Honey Mustard Chicken Rice Peas & Carrots Summer Pepper Salad Peaches Wheat Bread Milk	<b>2-Apr</b> Bbq Beef On A Wheat Bun Scalloped Potatoes Succotash Blend Vegetable Italian Vegetable Salad Apricot Milk	<b>3-Apr</b> Lemon Pepper Pork Mashed Potatoes w/Gravy Broccoli Garden Salad Fresh Fruit Wheat Roll Milk	<b>4-Apr</b> Baked Breaded Fish Parmesan Potatoes Green Beans w/Almonds Pea Salad Mandarin Oranges Wheat Bread Milk
<b>7-Apr</b> Pork Chop In Orange Sauce Southern Sweet Potatoes Edamame & Corn Yogurt Peaches Wheat Bread Milk	<b>8-Apr</b> Chicken Fried Steak Mashed Potatoes w/Gravy California Normandy Tossed Spinach Salad Fruit Cocktail Wheat Bread Milk	<b>9-Apr</b> Crunchy Garlic Chicken Red Buttered Potatoes Baby Carrots BLT Salad Mandarin Oranges Wheat Bread Milk	<b>10-Apr</b> Beef Brisket Mashed Potatoes w/Gravy Medley Brussels Sprouts Summer Squash Salad Fresh Fruit Wheat Roll Milk	<b>11-Apr</b> Tuna Noodle Casserole Key Biscayne Vegetable Blend Crunchy Calico Salad Pears Wheat Bread Milk
<b>14-Apr</b> Broccoli Chicken Mac & Cheese Asparagus Lettuce & Tomato Salad Tropical Fruit Wheat Bread Milk	<b>15-Apr</b> Beef Stew Malibu Blend Vegetable Sliced Apples Jell-O Wheat Bread Milk	<b>16-Apr</b> Pork Tips w/Vegetables Roasted Yukon Potatoes Sugar Snap Peas Caesars Salad Pears Wheat Bread Milk	<b>17-Apr</b> Italian Meatloaf Baked Potato Lima Beans Mediterranean Marinated Vegetable Salad Fresh Fruit Wheat Roll Milk	<b>18-Apr</b> Coconut Breaded Fish Cubed Potatoes Carrots Coleslaw Apricot Wheat Bread Milk
<b>21-Apr</b> Beef & Italian Rice Capri Blend Vegetable Garbanzo Bean & Mixed Vegetable Salad Banana Wheat Bread Milk	<b>22-Apr</b> Egg & Ham Bake Apricot Pudding V-8 Juice Biscuit Milk	<b>23-Apr</b> Roast Beef Mashed Potatoes w/Gravy Garden Vegetable Blend Shepherd's Salad Pineapple Wheat Bread Milk	<b>24-Apr</b> Turkey Pasta Primavera Chuckwagon Blend Vegetable Greek Salad Fresh Fruit Wheat Roll Milk	<b>25-Apr</b> Chicken Supreme Mashed Potato w/Gravy Broccoli Carrot Raisin Salad Peaches Wheat Bread Milk
<b>28-Apr</b> Beef Fajita'a Ranch Style Beans Lettuce & Tomato Salad Mandarin Oranges Tortilla Milk	<b>29-Apr</b> Roasted Salmon Gralic Roasted Parmesan Baby Potatoes Broccoli German Coleslaw Peaches Wheat Bread Milk	<b>30-Apr</b> Chicken & Noodles Carrots Spinach Salad Apricots Wheat Bread Milk	<b>1-May</b> Beef Patty w/Gravy Mashed Potatoes Asparagus Homestyle Vegetable Salad Fresh Fruit Wheat Roll Milk	<b>2-May</b> Ham Sweet Potatoes Brussels Sprouts Broccoli 49er Salad Applesauce Wheat Bread Milk

This menu may be changed at any time. Substitutions are made based on product availability or to satisfy the requirements of therapeutic diets.